

NEWS YOU
CAN USE

VOLUME III
ISSUE 3

FEBRUARY 15, 2018

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Weekly Refresher

“Success is not final,
failure is not fatal: it is
the courage to con-
tinue that counts.”

- Winston Churchill

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Juvenile Services Pushing for Later School Day to Curb Afternoon Teen Crime Spree



by **Zach Shapiro**
Capital News Service

ANNAPOLIS, Maryland — A significant spike in juvenile crime from 3 p.m. to 7 p.m. on school days has led to a push by the state’s juvenile justice agency to shift school start and finish times.

The department is advocating for a later opening and release to limit the amount of time kids spend unsupervised in the evening. The thinking goes, the more time teenagers are congregated in one spot, the greater chance of delinquency.

“If you think about it, especially in environments that are urban, you usually have a large number of teenagers getting released from school at the same time,” said Jay Cleary, chief of staff to Sam Abed, the secretary of the Maryland Department of Juvenile Services. “Everybody is in one place, at one time. It just tends to be sort of a natural result.” The proposal got some positive responses among members of a House committee last month.

Delegate Curt Anderson, D-Baltimore, told

the University of Maryland’s Capital News Service that he is enthusiastic about the start-time idea. He said he had previously supported longer days on an academic basis, though the department’s proposal is to simply shift hours, ideally 9 a.m. to 4 p.m., not to extend the day.

“If (later or longer hours is) also talked about in relationship to public safety, I think that gives it another push,” Anderson said. “Mr. Abed talking about it in terms of the juvenile system, I think, was very timely.” Abed presented his findings to the House Judiciary Committee on Jan 17.

According to 2014 data from the U.S. Justice Department, roughly 19 percent of juvenile violent crime – which includes murder, sexual assault, simple assault, robbery and aggravated assault – happens during the hours of 3 p.m. to 7 p.m.

Fifteen percent occurs during the standard juvenile curfew hours of 10 p.m. to 6 a.m. But because “curfew” times are 8 hours long, every day of the year, the rate of crime during the four after-school hours is much
(Juvenile Services continued on page 8)

Publisher's Notes

Community Works Together for a Common Purpose

The deadline is soon approaching. At the end of this month, the Howard County Public School System, with Dr. Michael J. Martirano as its head, will make a decision. The decision will be whether School #13 will be in Jessup, as many of our active residents want, or whether it will be in some other location.

If HCPSS wants the school on Mission Road in Jessup, or in ElkrIDGE, or some other area, one thing is for sure. The Jessup community rallied. The community in the Mission Road area is tight-knit and connected.

With folks like Bessie Bordenave and Becky McKirahan and others in the midst of this group, working with a crew of dedicated and civic-minded citizens, there is no wonder that the "Why Not Jessup?" group is able to make waves.

They have a task before them to learn why the next Howard County high school is not set for what they consider a logical site; which is Mission Road.

These folks are not simply chatting about the news. They are the news. If anyone is indoors sitting around, it's only because they are researching, blogging, communicating to group members, or buying street signs online. Otherwise, they are on the street posting signs, visiting neighbors, and attending meetings.

This "Why Not Jessup?" effort truly illustrates the idealistic aspects of community.

Ricardo L. Whitaker

Letters to the Editor

In Howard County, the legacy of Rouse has led to a community that prides itself in its economic and racial integration.

The inclusionary zoning policies that he championed still influence people's views on the importance of affordable housing.

Unfortunately, continuation of such policies requires stewardship that does not currently exist in today's Howard County developers.

Instead, such policies are used to create wedge issues during debates of important legislation. This tactic was on full display as the Council

voted on the APFO legislation CB1-2018 when affordable issue was used to thwart the bill.

Lo and behold, it worked. If anyone ever doubted the power of developers the outcome of the APFO bill should cement it.

The APFO bill added an "affordable housing" loophole that approves development even if it contains a handful of "affordable homes", regardless of the overcrowding in area schools.

How can this occur? Developers are very skilled at manipulating regulations. Conceivably a developer

proposes a plan with affordable housing while petitioning for an "alternative compliance" that allows little or no affordable housing.

By adding the loophole, the Council approved a perpetual pitting of schools and affordable housing. Ironically, overcrowding disproportionately impacts students from low income families.

**Hiruy Hadgu
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Politics

Delegate Wants \$10K Fine for Elephant Acts in State



Montgomery County Delegate Aruna Miller is sponsoring a bill to penalize traveling acts using elephants for entertainment. Before Ringling Brothers, a world-renowned circus, went out of business, they had already stopped using animals.

by **Alex Mann**
Capital News Service

ANNAPOLIS, Maryland — Bills that would outlaw using elephants in certain animal acts, ban using state funds for artificial turf fields or playgrounds, and adding “unspecified” to the gender selection option on a motor vehicle license or state IDs are working their way through the Maryland General Assembly.

Criminal law: Using elephants in traveling animal act

The House Judiciary committee on Thursday was scheduled to address a bill that would outlaw using, or authorizing the use of, elephants in traveling animal shows.

Sponsored by Delegate Aruna

Miller, D-Montgomery, the legislation would penalize offenders with a fine of up to \$10,000. It applies to circuses, carnivals and fairs, among other acts, but not permanent institutions, like zoos, according to a state analysis.

Elephants are not protected by state law; those used in traveling shows are subjected to inhumane conditions, Miller said.

“We have the responsibility to be the voice for all living creatures,” Miller said. “Animals don’t get to vote.”

The massive mammals can spend a majority of their life in chains, Miller said, and on the road.

Traveling elephants can be kept in relatively small boxcars with no temperature control, Miller said.

Some are forced to eat, sleep and defecate in these cramped quarters, she added.

Miller referred to an article by non-profit news organization Mother Jones that in 2011 detailed the Ringling Bros. Circus treatment of elephants. Ringling Bros. stopped using elephants in its performances in 2016 and closed in 2017.

Current state law prohibits the import of certain wild and exotic animals, including everything from skunks to crocodiles and bears to certain venomous snakes. The statute carries fines of up to \$1,000 and \$10,000, though there are exemptions for those with the required permits, animal sanctuaries and licensed veterinarians, among others.

(Elephant continued on page 15)

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Business

Talking Money and Future With Your College Student



by **StatePoint**

While college students earn their degrees, paving the way for future success in their chosen fields, they should also be paving the way for a healthy financial future.

Unfortunately, money is not always discussed at an early age. Indeed, 36 percent of Americans say they are uncomfortable talking about money, and 18 percent say money is a taboo subject within their family, according to the American Psychological Association. As a result, many students start college without good money management skills. What's more, the rising cost of tuition, housing and other fees makes it even more challenging to graduate in good financial standing.

Consider initiating a productive conversation about responsible

money management. Here are a few things to consider and discuss.

- **Creating a budget:** Break down expenses to show where money is spent and how it's wasted. Introduce the concept of the 50/20/30 rule of thumb, which encourages budgeters to apply half their monthly budget into fixed costs (i.e. rent, cell phone plan), 20 percent into financial goals (i.e. car, vacation), and 30 percent into flexible spending (i.e. food, shopping, entertainment, day-to-day expenses).

- **Building credit:** Credit can influence or limit future financial opportunities, even potentially harming job prospects. Talk about the importance of establishing and maintaining good credit.

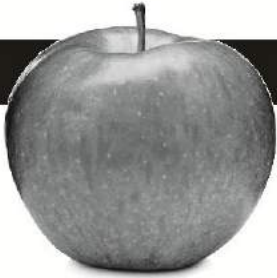
- **Funding college:** Whether it's a work-study program, an off-campus job or applying for and receiving a

merit-based scholarship, there are many ways students can contribute to their college education financially and ease potential loan debt. Encourage students to investigate these opportunities.

- **Free resources.** Free resources exist which can help get the conversation going. For example, consider checking out Wells Fargo's new "Preparing and Paying for College" webinar series. Families can take part in free instructor-led events that offer financial planning resources, information on responsible money management and best practices for paying for college.

Registration is free. To receive information about the Wells Fargo webinar series, visit engage.wellsfargo.com/rt/prepayforcollege.

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Religion

Young People Leaving the Church in Droves, Really?



by **Dan S. Baty**

When I think about the dismal statistics about young people “leaving the church” I am reminded today that I was one of those statistics. When I went away to college I abandoned going to church. I didn’t renounce my faith per se, but I certainly wasn’t living it. And still God reached me. Not through a traditional church, but through other young people who were focused first on Jesus – not on the institution of “church.” I even became a pastor in a very unconven-

tional way. God doesn’t use institutions. He never has. He always uses people – and He has them in all shapes, sizes, colors, styles, degrees of coolness, attractiveness, and “togetherness.” He has them in every field of endeavor and every economic strata. He may not use the parents. He may not use their church. Or any church for that matter. That’s okay. The goal is not to get them into “church” but into the universal church, the church without walls, the kingdom of God. So instead of fretting about how to make

church more effective, (remember “be anxious for nothing?”) let us “ask the Lord of the harvest, therefore, to send out workers into his harvest field” (Luke 10:2) and pray He would do what He has always done, lead our young people to Himself by whatever means or person each one needs.

Dan S. Baty pastor of Valley Brook Community Church in Columbia, Maryland. You can write to him Pastor@ValleyBrook.church or follow him on Facebook @ Dan S. Baty.

JUVENILE SERVICES *continued from page 1)*

higher, the report found.

And even though the number of school days and non-school days in a year are essentially the same, 63 percent of violent crimes committed by juveniles occur on school days, the Justice Department reported.

In Baltimore City, the vast major-

ity of middle and high schools release at 3:30 p.m. or later. City Neighbors High lets out the latest, at 4 p.m. and starts at 9 a.m.

Amy Krulak, a special educator at City Neighbors High School, said the later hours have benefited students from an academic standpoint – they are more alert at 9 a.m. – but

isn’t convinced that a later release would affect public safety.

It’s a nice idea, she said, but students would still, at some point, be together at a bus stop.

“If they’re getting out (together) at the same time, just later, I don’t know if that solves anything,” Krulak said. (Juvenile Services Continued on 15)

Health

Five Healthy Habits You May Want to Reconsider



by **StatePoint**

While most weight loss proclamations are well-intentioned, sometimes they look better on paper than in practice, actually doing more harm than good. Here are five so-called “healthy” habits worth giving up on, as well as better solutions.

Habit 1: I’m going to take up permanent residence in the gym. Working out is an important piece of the weight loss puzzle, but moderation is key. Studies suggest that too much exercise can lead to a number of issues like hormonal imbalance, fatigue, insomnia and even depression. Many people also report experiencing a drastic increase in appetite after extreme bouts of physical activity, which can lead to overeating and negate the weight-related benefits. Plus, if you exercise so intensely that you’re injured or sore for days, it will be difficult to sustain this otherwise healthy habit.

Habit 2: I’m saying goodbye to fats completely. Fatty foods have gotten a bad rap. The reality is there are good fats and bad fats. In hu-

mans, fat helps support normal growth and development, provides energy, allows for proper cellular function, provides protective cushioning for organs, and helps with absorption of certain vitamins.

Bad fats are found in foods like meat, butter, lard, cream and trans fats (found in baked goods, fried foods and margarine) and can increase the risk of cardiovascular disease. Aim to replace these with good fats, which are associated with a decreased risk of chronic disease.

Good fats include plant-based oils like olive and canola, avocados, nuts, seeds, and dairy, since these also offer the nutrition your body needs.

Habit 3: I’m going to skip breakfast to cut calories. According to The Academy of Nutrition and Dietetics, if you’re skipping breakfast, you’re doing something wrong. Research shows breakfast helps support brain function, energy and mood. And research suggests that people who eat breakfast consume fewer calories throughout the day, weigh less and have fewer risk factors for heart dis-

ease. Just a few reasons to load up in the a.m.

Habit 4: I’ll just crash diet to lose the weight. Crash diets don’t work and many people who do them end up just gaining the weight back.

“Sustainable weight loss should not involve hunger or deprivation,” says Mandi Knowles, dietitian for South Beach Diet. “Your weight loss efforts should include sensible changes that are easy to follow.”

Find a weight loss plan that’s convenient and lets you know with confidence that you are losing weight the healthy way. Plans like South Beach Diet teach portion control through a low-carb, high-protein approach with meals delivered to your door.

Habit 5: I’m going to stop snacking. Snacks can account for more than a quarter of one’s daily calories. But if you munch on nutrient-dense foods (high in vitamins, minerals and fiber and low in calories), you’re more likely to maintain a healthy weight, according to the “National Health and Nutrition Examination Survey.” So, snack wisely.

Living

Five Ways to Ease Travel Stress With Your Phone



by **StatePoint**

People living in the U.S. are traveling outside of the country now more than ever. In 2016 alone, about 80.2 million Americans traveled internationally to different parts of the world.

Fortunately, your most helpful tool to make travel less stressful is right in your pocket: your smartphone. Not only does it make planning your perfect trip easier, your phone can keep you connected and entertained when you're away. Here are some tips to optimize your phone before you go.

Download Travel Apps. Apps like FlightAware, Google Maps and LoungeBuddy can keep you apprised of gate and flight changes, estimate traffic and plot travel routes and help you locate the best places to rest before your flight. There are even apps like SitOrSquat, for locating nearby bathrooms!

Maximize Your Storage. Cell phone cameras are more powerful than ever, and the average smartphone holds thousands of photos and videos of your cherished memories.

You don't want to run out of storage space, so get the right MicroSD card for your phone before you depart. You can also set up cloud storage services so your pictures are automatically uploaded and secured.

Check Your Mobile Plan.

Some mobile plans have designated perks for travelers. For example, T-Mobile ONE gives international travelers unlimited data and texting along with cheap, flat-rate calling in more than 140 countries and destinations. That means no wasting time or money searching for public Wi-Fi or purchasing an international SIM card. Plus, since unlimited data and texting are included, you can communicate without worrying about surprise overage fees.

Also, on flights equipped with Gogo In-flight Internet, all T-Mobile ONE customers can send texts, picture messages and check Visual Voicemail in the air – and they get one hour of free internet on their smartphone (or for the entire flight with T-Mobile ONE Plus). More information is available at www.t-mobile.com/one.

Get the Right Phone Accessories.

When you're playing the balancing act with your luggage, carry on, wallet and other travel gear, it's that much easier to drop your device, so keep your smartphone safe with a screen protector and a case that's sturdy and practical. Some cases have non-slip materials that make them easier to grip and include storage for credit cards. Or try a PopSocket collapsible grip which doubles as a built-in stand – that'll come in handy if you're watching a movie on the plane or in your hotel room.

Bring Your Own Entertainment.

On average, one in six flights were delayed last year, resulting in boring and stressful waits. Head to Amazon or your app store to download some shows and movies before your trip (especially key when traveling with kids!) so you can watch when Wi-Fi is unavailable, and find a few games that can be played offline, too, like UnblockMe and Plants vs. Zombies. When you do have an internet connection, you can stream Netflix without worrying about your data on a T-Mobile ONE family plan.

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Calendar



Event: Savage Historical Society occurs on **Mon, Feb 19, 2018 at 7:00pm to 8:00pm**

Category: Special Event

Location:

Faith & Ministry Center
9032 Baltimore Street
Savage MD

TOPIC: "Wendel Bollman: Building Bridges

PRESENTER: Galen R. Menne, President, SHS
Free and open to the public.

Contact: Helen Rushing, Secretary

Email: frostyspen@gmail.com



Event: Zumba with Nefertiti repeats every week on **Saturday at 10:15am** beginning **Sat, Jan 27, 2018** and ending **Sat, Feb 10, 2018**

Category: Sports & Fitness

Location:

Amherst House - KC Village Center
7251 Eden Brook Drive
Columbia MD 21046

Description:

A for-women-only Latin-music dance class that will energize you! 5-week session: CA Assessed \$32, Non-CA \$36. This class is also offered on Thursdays, 6:45-7:45PM. Bring water and a towel.



Event: Wine Tasting at Amherst House
Fri., Feb 23, 2018, 7:30pm—9:30pm

Category: Entertainment:

Location: Amherst House @ KC Village Center
7251 Eden Brook Drive, Columbia MD

Description:

Come and enjoy a night out with friends and neighbors! Eric Stein from Decanter Fine Wines in the Hickory Ridge Village Center will present a variety of wines for you to taste and compare. The qualities of each wine will be discussed. Savory snacks will also be served. **ADULTS OVER 21 ONLY**. Tickets available for pick-up at Amherst House, \$15 per ticket.



Event: A Celebration of African American History
Sun., Feb 25, 2018 at 11:00am

Category: Religion:

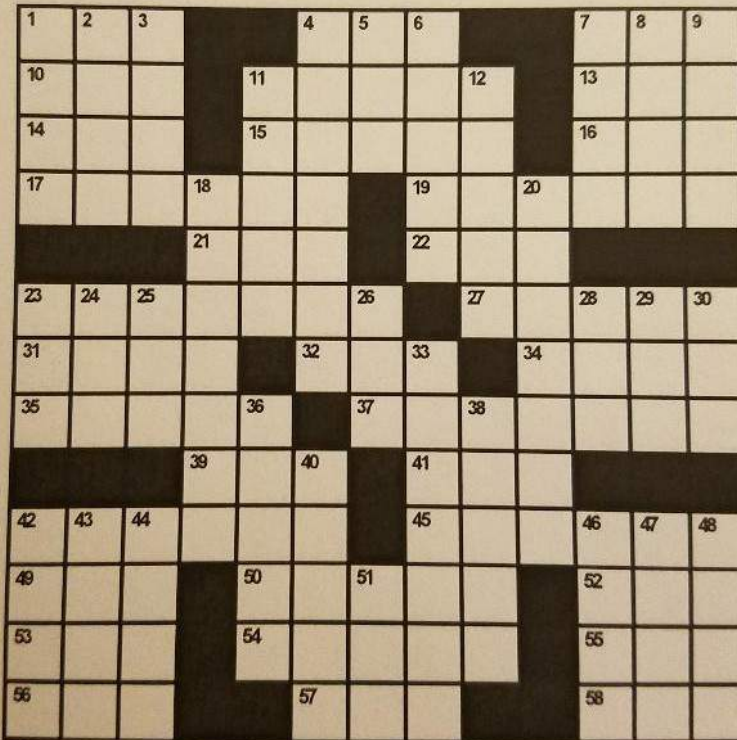
Location: Valley Brook Community Church
7065 Deepage Drive, Columbia MD

Description:

Join us for a morning of uplifting song, spoken word, and a special message from Pastor Baty.

Website: www.valleybrook.church

Comics / Puzzles

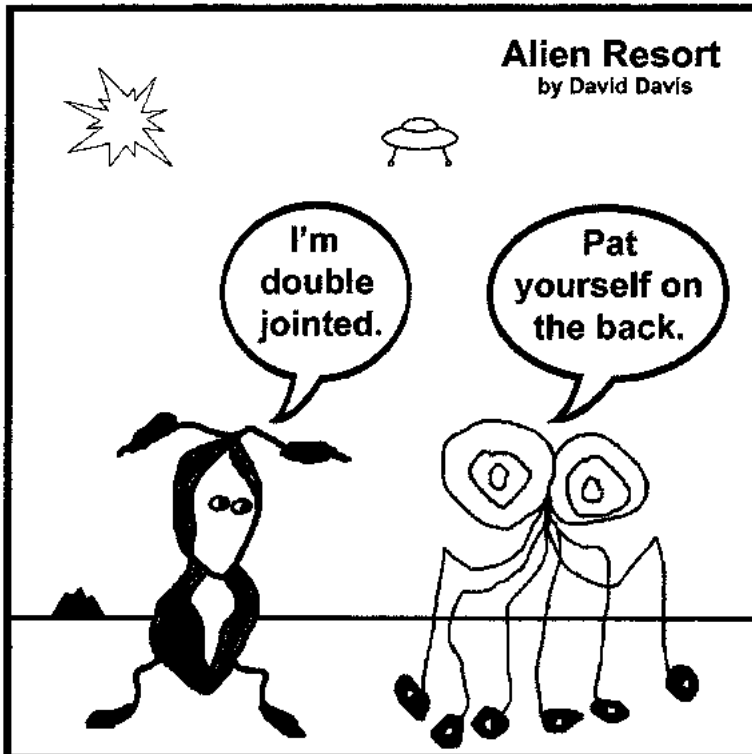


Across

1. Junk mail
4. Outmoded, with been
7. Something you could be drafted into
10. Boot part
11. Protection
13. Muhammad ____
14. Ditty
15. About to explode
16. The "I" of T.G.I.F.
17. Cheerleader's gear
19. As a whole
21. ____ vapeur (steamed)
22. CSI stuff
23. Bowling equipment
27. Robin Hood weapon
31. Fig Newton alternative
32. Quill point
34. Palm tree
35. Powerful person out East
37. Starts up the computer
39. SW Missouri river
41. Grasped
42. Separate seed
45. Ugly treatment (2 words)
49. "That's a laugh!"
50. Marketing dept. concern
52. Fraternity letters
53. Temper
54. Alpha opposite
55. Troublemaker
56. Calypso alternative
57. Apple or pecan?
58. Play (with)

Down

1. At the summit of
2. Dumb cluck
3. Feel as if
4. Writer, ____ Hesse
5. Turkish title of honor
6. Placed
7. Cry out
8. Highest male voice
9. Computer processor, for short
11. Garlic mayonnaise
12. Plant with showy yellow flowers
18. Native American baby
20. Bird of the night (2 words)
23. Truck weight
24. Pitcher performance measurement
25. Kan. neighbor
26. Elton John, for one
28. Brazilian town
29. Select
30. Equaled
33. Surround
36. Male singing voice
38. Exceedingly light wood
40. Winner
42. "____ Is It," Michael Jackson film
43. "Listen!"
44. Flightless bird
46. Apartment
47. Big guy wrestling
48. Detect
51. Orchid arrangements



LAST WEEK

Crime

HCPD Crime Bulletin: Baltimore Man

FRIDAY, FEBRUARY 9

Vehicle theft

Jessup, 20794: 8600 block of Washington Boulevard, Feb. 8 10:08 p.m.
2006 Hyundai Azera, tags MD/4CE5952

THURSDAY, FEB 8

Vehicle theft

Jessup, 20794: 8600 block of Washington Boulevard, Feb. 8 10:08 p.m.
2006 Hyundai Azera, tags MD/4CE5952

WEDNESDAY, FEB 7

Theft/fraud

Jessup, 20794: 8800 block of Washington Boulevard, Feb. 6 10:45 p.m.
Police made a traffic stop on a vehicle displaying stolen tags. A search of the vehicle revealed various forms of counterfeit identification and additional stolen tags. The driver was arrested. A subsequent search of the hotel room in which the suspect was staying revealed additional

items known to be used for identity theft and fraud.

ARRESTED: Tamar Levern Pauley, 44, of Kenilworth Avenue in Baltimore, charged with multiple theft- and fraud-related charges

Columbia, 21046: 7000 block of Columbia Gateway Drive, Feb. 6 12:44 p.m., tag

Laurel, 20723: 10000 block of Washington Boulevard, Feb. 6 2:24 p.m., identification, other items

TUESDAY, FEB 6

Theft from Vehicle

Laurel, 20723: 9700 block of Mountain Laurel Way, Fe. 5, 3:29 p.m., converter

The **Guilford Gazette** is a weekly print publication serving Savage, Kings Contrivance, North Laurel, Jessup and Guilford.

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(ELEPHANT continued from page 4)

State Funds for AstroTurf

A bill that would ban the use of state funds to build new — or renovate existing — athletic fields or playgrounds with synthetic material was scheduled to be presented Thursday to the House Appropriations Committee.

The fields can be made of plastic blades that often contain lead and shredded tires — known as crumb rubber — which contain chemicals that contain carcinogens, potentially increasing the risk of cancer, according to the Children's Environmental Health Network.

"We know there's lead in it, so why are we exposing our kids to this?" said Delegate Aruna Miller, also this bill's sponsor. She also said that these artificial turf facilities are primarily used by children.

Natural grass blades have antimicrobial properties that kill bacteria, Miller said. Plastic does not.

"When athletes get turf burn" resulting in open lesions, Miller said, there's a greater risk for infection.

Sen. Douglas Peters, D-Prince George's, who has in the past proposed legislation to expand the use of turf fields in his jurisdiction, said

the research that has revealed some of the potential health risks was done outside of Maryland. He said he's "not aware of any field across the state where" health problems occurred.

Artificial turf is often used as an alternative to natural grass because, despite higher installation costs, it is cheaper to maintain and can be more durable.

Turf fields cost about \$800,000 to install, while natural grass fields have been estimated to cost \$110,000 to install. Grass fields cost approximately \$30,000 annually to maintain, compared to \$4,000 annually for turf. However, under current law, state grants and capital funds can be used to pay for installation of artificial fields, according to a state fiscal analysis.

The 10-year cost of an artificial turf field is higher, the bill's fiscal and policy note showed.

"Typically the turf fields are supposed to last 10 years," Miller said. But they usually last about seven years, because the surface gets so hard that it becomes unsafe for athletes to use the fields due to an increased risk of concussion, she added.

Turf fields with their black rubber pellets trap heat, causing the field

temperature to rise considerably.

"As legislators our priority is to keep the public safe," Miller said. "And this product does not."

Peters explained that turf fields can accommodate more sports and other activities, like band practices. He said his county recently added lacrosse as a varsity sport and with turf fields, the lacrosse teams can play, and "don't have to worry about football" tearing the field up in the fall.

"Turf fields have been a great success for our county schools," he said. "In my opinion the benefits outweigh the possible risks."

License application gender: male, female, unspecified

House bill 13 would mandate that state applications for licenses, ID cards or moped operator permits give applicants the choice to identify as male, female or "unspecified."

The unspecified gender designation would be displayed as an "X" on each of the documents, according to a state analysis.

People are safer when their identity documents match their gender identification, said Laura DePalma, a staff attorney at FreeState Justice, in her testimony before the committee. She represents a host of LGBTQ clients in her work.

(JUVENILE SERVICES continued from page 8)

Krulak also said it wouldn't be ideal for students to walk home in the dark. The key to improving conduct in her view is for the school to "create a healthy environment" during regular hours.

The department of Juvenile Justice Services doesn't see a downside.

"There's nothing that's going to completely eliminate young people getting into trouble at those times," Cleary said. "But the spike is fairly

large as it is right now (at the) 3 or 4 o'clock timeframe. If you're able to push that out a little further, it can only help."

The Baltimore City School Board said in an email to Capital News Service in January that it doesn't have any thoughts or ideas regarding the secretary's recommendation.

The bulk of Abed's presentation was aimed to show the department's progress in providing services and refining its methods, from addressing racial inequity to connecting released

youth to community service.

Delegate David Moon, D-Montgomery, said he came away from the briefing particularly interested in the school-start time idea.

"That's a new concept, but it's fascinating," Moon said. "If you believe the data (from Secretary Abed's presentation), basically this is an issue about after-school supervision, to the extent that kids are getting out at 3 o'clock and then committing violent crimes until dinner time."

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